





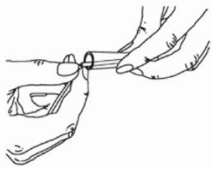
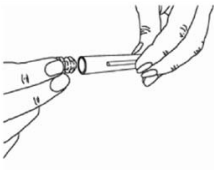
Instructions for use of Isohelix SK1 Buccal Swabs

REF SK-1S

Intended for the retrieval of buccal cells. Single use only.
Use only if swab wrapper remains intact.



Take your DNA sample at least 1 hour after eating, drinking or cleaning your teeth.
For best results, rinse mouth with water immediately prior to sampling.

<p>1</p> 	<p>Pull open the package from one end.</p>
<p>2</p> 	<p>Remove the swab from the tube, taking care not to touch the white swab head with your fingers</p>
<p>3</p> 	<p>Insert the swab into your mouth and rub firmly against the inside of your cheek or underneath lower and upper lip. For standard DNA collection rub for 1 minute and in all cases rub for a minimum of 20 seconds. Important – use reasonable, firm and solid pressure</p>
<p>4</p> 	<p>Place the swab back into the tube. Do not touch the swab head with your fingers</p>
<p>5</p> 	<p>Place your thumbnail in the small groove set in the handle, then snap the handle in two by bending to one side. Let the swab head fall into the tube.</p>
<p>6</p> 	<p>Seal the tube securely with the cap provided.</p>

You may now proceed directly to isolate the DNA from the swab sample. If the swab needs to be stored prior to DNA isolation, steps should be taken to stabilise the DNA on the swab to maximise yield and quality. Advice and options for DNA stabilisation can be found at www.isohelix.com/support.html

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